



Australian Beef Ambassador Emily Chalker

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| Hometown | Crookwell, New South Wales |
| Sport | Hockey |
| Past Games | London 2012 Rio 2016 |
| Career highlights | Youngest athletes at the 2012 London Olympic Games Captain and co-captain of the Hockeyroos Winning gold at the 2014 Glasgow Commonwealth Games Winning silver at the 2014 World Cup in the Netherlands Winning silver at the 2018 Commonwealth Games |
| Social media accounts | @emilyjsmith26 @Emilyjsmith26 Emily Chalker |

“Beef provides me with the iron and nutrients to push my body to elite levels every day.”

“When I used to come back home I would help out at my in-laws’ cattle farm. They gifted me breeding cows so that I could sell the offspring. For me financially, that helped me to be able to focus solely on hockey, I didn’t have to manage a job and training.”

Emily was born in the small town of Crookwell in New South Wales, where her love of hockey began at the age of five. Having watched both her mother and sister play, Emily joined the local team and spent fourteen years playing on the grass fields of her hometown.

The local hockey community rallied around the team, helping them raise funds for the team’s travel to tournaments around the state – with the local butcher often donating meat trays to the cause. This community support was instrumental in nurturing Emily’s career over the years. One Christmas, her now father-in-law, a beef producer, gave Emily an unusual gift – a cow and a calf. Looking after them on his property as part of his beef herd, they produced calves that she then sold to fund her hockey endeavours.

Emily made her senior debut at the 2011 Oceania Cup in Tasmania against New Zealand. The then 19-year-old scored her first international goal in the second game of the competition, and came home with the silver medal from the tournament.

At the age of nineteen, and as one of the youngest in the London Olympic squad, Emily made her Olympic debut in 2012, where Australia finished in fifth place. She helped Australia win gold at the 2014 Glasgow Commonwealth Games and silver at the 2014 World Cup in the Netherlands.

Emily often returns to Crookwell to support the next generation of hockey players. “I know they’re in the same situation I was 15 years ago, and how special that was for me. I see the smiles on their faces when I give them a shirt or an old hockey stick... their faces just light up.”

Appointed as co-captain of the Hockeyroos in 2017, Emily is now in training to compete at the Tokyo 2020 Olympic Games.